## HOW THINGS WORK:

The Junior Tritons is a Non-Profit-Volunteer-Run organization, in partnership with the City of St. Petersburg. We provide a co-ed recreational basketball program for the community and play in the City Recreation Centers listed on our website.

Each year our League runs two sessions:

- Early Season (August -October) 10 Games \$100
- Regular Season (November-February) 12 Games and a Double Elimination Tournament \$120

Each Player will be placed on a team, but he/she MUST attend at least one tryout. Tryout dates are listed on the website.

As a recreational league, we do not allow pre-formed teams to join, and we make every effort to build teams as evenly as possible. As you will experience, this is a difficult task and we will undoubtedly have some issues that will need to be addressed. That is why we have 2 seasons. After the Early Season, each Player can choose to stay on the same team or return to tryouts for Regular Season and be assigned to a new team. The break between seasons also allows us to bring balance to the League by adding new players that join us for Regular Season. There are many variables as to how teams end up performing, such as practice, development, coaching, and sometimes kids just play well together and improve as the year progresses. Please understand that this League is about kids having the experience of playing basketball and to have fun regardless of what the scoreboard says.

The first month of each Season is spent practicing and preparing for the Games. During this time, practice dates and locations are determined by the Coach. Usually twice a week, but some Coaches decide to practice more. Jerseys are distributed before the games.

Once Games begin, there will be one game on a weeknight and one game on Saturday morning. The schedule will not be completed until teams are formed. Once the schedule is completed, it will be posted on the website along with updated results and standings. Practice will continue to be determined by the Coach, so there will be at least 3 days per week that your child will play basketball.

There is no way to know what days your child will be playing until we can complete the schedule. The only set time is for Division 1 (8-9-year-olds). They play in the 6 pm slot on weeknights.

It takes time for a team to learn to play together and we have designed the League to allow teams to grow and improve for the year ending Double Elimination Tournament. This is how we determine our champion for each Division. So, even though the games are competitive and we all like to win, it will make for a better experience if you look at the whole 2 seasons as practice in preparation for the tournament.

## Coaching

Our Coaches are all volunteers. Anyone can become a Coach and we encourage anyone that would like to become a Coach to talk to us about getting started. If you are not able to volunteer, please understand that it becomes difficult to coach a child if a parent is also coaching from the stands. It oftentimes contradicts what the Coach is trying to accomplish, and it confuses the player. Saving the post-game analysis until after the emotions of a game have subsided will be far more productive in helping you develop your child's game.

Our Developmental League covers both Seasons for a cost of $\$ 180$. This is for our new players ages 6-7. We teach the very basic fundamentals of the game. The program is limited to 40 players and is broken into 3 six-week periods.
1st period starts with basic instruction
$2^{\text {nd }}$ period: teams are formed, and they will practice as a team
$3^{\text {rd }}$ period: teams will play games against each other

We are introducing a new Division for Girls: the G-League, ages 10 to 13, with a cost of $\$ 180$. The goal of this program is to provide a more focused environment where girls can be in the spotlight and have more space to develop their skills together. G-League is limited to 45 players and is broken into 3 six-week periods as well.
1st period starts with basic instruction/ revision of the fundamentals of the sport
$2^{\text {nd }}$ period: teams are formed, and they will practice as a team
$3^{\text {rd }}$ period: teams will play games against each other
The co-ed program is still available for girls in this age group.

Thank you for being part of our League. Please contact us if you have any questions or concerns as the year progresses.

Good Luck and Have Fun!

Mike Glennon
League Director

## 2023-2024 SEASON IMPORTANT DATES

06/15/2023 - Online Early Season Registration begins
08/01, 08/03 and 08/08/2023 - In-person registration nights at Roberts Rec Center - 6pm to 8pm

08/08/2023 - Online Registration ends
$08 / 10,08 / 11$ and $08 / 12 / 2023$ - Tryouts
08/14/2023 - Coaches' Meeting (only for Coaches)
08/15/2023 - Practice starts (not all teams start at the same time)

09/18/2023 - Games begin (10 games in total)
09/25/2023 - Online Regular Season Registration begins

## TRYOUTS SCHEDULE - EARLY SEASON

Tryouts are held at Roberts Recreation Center:
Division 1: 08/10 at 6 pm and $08 / 12$ at 9 am
Division 2: 08/11 at 6 pm and 08/12 at 10am
Division 3: 08/10 at 7:30 pm and 08/12 at 11am
Division 4: 08/11 at 7:30 pm and 08/12 at 12 pm
*PLAYERS MUST ATTEND AT LEAST ONE TRYOUT*

