



RULES AND REGULATIONS

STATEMENT OF PURPOSE

North St. Pete Basketball for Youth, Inc. is a recreational basketball league that offers a positive environment, where children ages 8 through 16 can learn the fundamentals of the game of basketball, as well as good sportsmanship and how to play together as a team. Our primary goal is for the children involved to have fun. Although winning is pleasurable, it is not of utmost importance in our league. Each Coach, Referee, Director and Parent acts as a role model for the children and, as role models, we must set the best example we can for the kids. At the end of each season, we have accomplished our goal if the child feels good about him/herself, has a positive playing experience and looks forward to returning to play with us again next season.

RULES TO KNOW

1. We play under the F.H.S.A.A. rulebook.

- Divisions 1 & 2 will play with 28.5-inch balls and Divisions 3 & 4 will play with full size balls.
- All divisions will play on 10-foot baskets.
- The games are divided into four, 6-minute quarters with 1 minute between quarters and 2 minutes between halves. If an overtime is needed, a maximum of two will be allowed. Each will be 2 minutes in length.
- Each team is allowed three, 45-second time-outs per game. In the event of the game going to overtime, each team will receive one additional time-out per overtime.

2. Age Divisions.

- A player's League age will be determined by his/her age on August 31st.
- Female players will be allowed to play down one division, if they are at the entry age for the upper division.
- Players will only be allowed to play up a division if they are deemed to have exceptional skills and would dominate in the division they qualify for by age. Both Division Directors would need to approve such a move.
- Division 1 is primarily an instructional division. At times, play may be stopped to teach players fundamentals and appropriate play.

3. Player Attendance.

Every player pays the same amount to play in our League. Every player should be informed of the schedule of game and practice times. They should be encouraged to play in each and every game that the team plays. At the beginning of each game, every player on the team must be listed on the official score book, even if they are not in attendance. If a player drops off the team, please let the Division Director know, so rosters can be adjusted. If a team has a roster of 10 players and only 5 or 6 consistently

show up for games, we want to find out why that is. The League or Division Director will contact the parents of those missing players in an attempt to rectify the situation.

4. All Divisions Play Full Court.

5. Playing Time.

Every player is entitled to his/her fair share of playing time. To regulate this, we have a 6-minute rule. It is very simple: every player must play for at least six minutes and every player must sit out for at least six minutes. This rule is mandatory and must be adhered to. If this rule is not followed, the team will forfeit the individual game and will be required to substitute by quarters only for the rest of the season. If a second infraction occurs, the coach will be relieved of his responsibilities. There is one exception, that being if a team can only field six players or less. The sit rule then changes to three minutes for both teams and the 6-minute play rule remains the same. It is a good idea to have your assistant coach or team mom keep track of the time each player sits and plays, so you do not violate this rule and end up with a disqualification. Documentation is a must, if someone contests one of your players.

For Division 1, sit and play time for players are 12/12 minutes.

6. Technical Fouls.

F.H.S.A.A. states that, any coach that receives a technical foul, must forfeit his/her use of the coach's box. This means that the coach must remain seated, quietly, on the bench, for the rest of the game. If a second technical foul is assessed, that coach will be required to leave the gym immediately and cannot coach his/her team on the next scheduled game. If, over the course of the season, a coach receives technical fouls in two separate games, he/she will be removed from further competition and must turn their coaching duties over to the assistant coach. Coaches who violently object to a referee's calls and/or use inappropriate language will receive technical fouls.

7. Dealing with Parents.

If a parent of a child on your team is being overly aggressive towards the referees, the game will be stopped and the coach will be asked to talk to the parent. If the parent continues this behavior, the game will be stopped until the parent leaves the gym. If he/she refuses, the parent's team will be disqualified. Our League will not tolerate verbal or physical abuse of any referee or coach.

8. Keeping Clock/Score.

Every team is required to have a volunteer for either the score book or the score clock. Please find out ahead of time who is available, so we will not hold up the start of the game trying to find someone.

9. Parents and Coaches.

Please control your players and/or children while attending the game. Please be considerate of the teams playing and do not allow them to bounce balls or go on the court. Teams or individuals are not allowed to practice during the breaks (time-outs and between quarters) in any game other than their own game. Outdoor courts are available, if they want to shoot baskets. This will help speed up the game and keep us on time.

10. Reporting Problems.

Should anyone want to report a problem with a Coach, Referee, Player, or the breaking of any rule, please contact your Division Director or League Director. Phone numbers and e-mail addresses are available at our website (www.juniortritons.com).

11. Reporting Game Results.

It will be the responsibility of the winning Coach to contact the League Director, following each game to report the winning team and the losing team.

Remember, we are the largest all volunteer basketball program in the state of Florida. No one involved in Coaching or Administration in our League is paid for his/her time or service. Please be considerate of others and treat them as you would like to be treated. Remember also that we are role models for these kids, so let's keep our eye on what's really important, and have some fun out there. Thank you.

Stay in touch with the League:
<http://www.juniortritons.com/>
www.facebook.com/juniortritons/